

PLATE

STARTERS

HEARTS OF PALM - VEGAN "CRAB CAKES" - OLD BAY AND LEMON CASHEW "AIOLI" - 11
CHEDDAR SOUFFLE - RED PEPPER AND CORN CREAM - 14
LOCAL CUCUMBER - DILL - RED ONION - FRISÉE - FETA - 11
GRILLED CHINESE BBQ CHICKEN WINGS - 14
FRIED WEST COAST OYSTERS - GRIBECHE - 14
HOUSE CURED AND SMOKED KIELBASA - PICKLED BLUEBERRIES - HARVEST TOAST - IPA MUSTARD - 13
STEAMED PEI MUSSELS - MARCONA ALMONDS - ALMOND MILK - CILANTRO - RED ONION - 14
FRIED SHRIMP AND CALAMARI SPRING ROLLS - 11

SOUPS & SALADS

LOCAL FRESH TOMATO SOUP - 10
HOUSE SMOKED SALMON SALAD - LOCAL LETTUCE - CREAMY DILL DRESSING - SUNFLOWER SEEDS -14
FRISÉE AND RADICCHIO CAESAR - ROMAINE - GARLIC CROUTONS - PARMESAN REGGIANO - 10
BABY ARUGULA - ROASTED RADISH - FENNEL - CIDER SHALLOT VINAIGRETTE - TOASTED HEMP SEEDS - 12
HEIRLOOM TOMATO SALAD - BASIL - PARMESAN - PINE NUTS - 15
LOCAL BABY LETTUCES - STRAWBERRIES - VT BLUE CHEESE - PINE NUTS - BLACK GARLIC - 13

ADD TOFU - 6
ADD SALMON - 9
ADD SHRIMP - 9

BURGERS & MAINS (PLEASE CHOOSE ONE SIDE FOR YOUR BURGER)

"THE PLATE" VEGGIE BURGER - AIOLI - MARMALADE ONIONS - 16
WOOD SMOKED BURGER - CHEDDAR - SPECIAL SAUCE - 17
SUMMER VEGETABLE STIR FRY - VERMONT TOFU - JASMINE RICE - JAMAICAN JERK SAUCE - CILANTRO - 26
PARISIAN GNOCCHI - CHANTERELLES - SUMMER VEGETABLES - SAGE - BROWN BUTTER - PROSCIUTTO - 31
ROASTED HALF CHICKEN - SUMMER SQUASH AND ONION GRATIN - BASIL SALSA - TOMATO BRODO - 26
FAROE ISLAND SALMON - GRILLED FRISÉE - BEETS - ORANGE - TARRAGON - 28
CURRY PORK LOIN -VT BLUE CHEESE FINGERLING POTATOES- SWISS CHARD -STRAWBERRIES-BALSAMIC- 28
GRILLED STEAK-SZECHUAN AND CHILI SPICED SOY-CARROT AND PEPPER SLAW-FIVE SPICE ONION RINGS-34

SIDES - 7

PAN FRIED POTATOES - BLISTERED SHISHITO PEPPERS
ZUCCHINI PAN FRIES WITH MALT AIOLI - BRAISED GREENS

CHEF OWNED

EATING RAW OR UNDERCOOKED MEATS, EGGS, OR FISH CAN KILL YOU.
SO CAN CROSSING THE ROAD

20% GRATUITY MAY BE ADDED TO PARTIES OF 6 OR MORE

SERVING BRUNCH SUNDAYS 10-2
802-253-2691