

# PLATE

## COCKTAIL SPECIALS

BLUEBERRY MOJITO - WHITE RUM - LIME - SIMPLE SYRUP - 15

## STARTERS

SPINACH AND BOURSIN SOUFFLÉ - WHITE WINE SAGE CREAM - 16

VEGAN "CRAB CAKE" - HEARTS OF PALM - CASHEW "AIOLI" - 16

CORN FRITTER - SPICED HONEY - PEA GREENS - 15

BLISTERED NAKED ACRE FARM SHISHITOS - MINT CREME FRAICHE - PINE NUTS - SEA SALT - 14

TUNA TOSTADA - GUACAMOLE - LIME - CHILI CRISP - CORN TORTILLA - 19

KOREAN BBQ CHICKEN WINGS - SESAME - PEANUTS - 17

STEAMED PEI MUSSELS - WHITE WINE - GARLIC - SAFFRON - BUTTER - GRILLED BREAD - 18

SAVAGE BLONDE OYSTERS ON THE HALF SHELL - CUCUMBER MIGNONETTE - HALF DOZEN // 18

## SOUP AND SALADS

TOMATO BASIL SOUP - 14

ROMAINE - FRISEE - CAESAR - GARLIC CROUTONS - PARMESAN REGGIANO - 14

NAKED ACRE FARM BEETS - WILTED AND FRESH FRISÉE - ORANGE - TOASTED WALNUTS - 15

HEIRLOOM TOMATOES - SEARED TOFU - BASIL - WHITE BALSAMIC VINAIGRETTE - BREADCRUMBS - 17

LITTLE LEAF LETTUCE - CUCUMBER - TOMATO - FRIED RICE NOODLES - SOY MAPLE DRESSING - 14

LOBSTER COBB SALAD - BIBB LETTUCE - BACON - VT BLUE CHEESE - EGG - AVOCADO - 23

## BURGERS & MAINS (PLEASE CHOOSE ONE SIDE FOR YOUR BURGER)

WOOD SMOKED BURGER - CHEDDAR - SPECIAL SAUCE - 25

THE PLATE VEGGIE BURGER - HONEY PICKLE AIOLI - MARMALADE ONIONS - 21

FRIED TOFU - GRILLED VEGETABLES - COCONUT CILANTRO RICE - 29

BRINED GRILLED PORK CHOP - SWEET POTATO SILK - GRILLED BROCCOLINI - GREMOLATA - 35

ATLANTIC SALMON - FARRO - GRAPEFRUIT - FENNEL - SPINACH - BASIL SALSA - PICKLED LEMON - 35

PAN SEARED STATLER CHICKEN BREAST - CORN SUCCOTASH - HERB BUTTER - 35

FRESH FETTUCCINE - ASPARAGUS - PEAS - CREME FRAICHE - LEMON - WHITE WINE - 33

GRILLED BAR STEAK - COCONUT CILANTRO RICE - GRILLED VEGETABLES - BASIL SALSA - 45

## SIDES - 7

PAN FRIED POTATOES - GRILLED BROCCOLINI - CORN SUCCOTASH

EATING RAW OR UNDERCOOKED MEATS, EGGS, OR FISH CAN KILL YOU  
SO CAN CROSSING THE ROAD  
802-253-2691

